A Love Letter to The World

From Yuri Bezmenov & Zenan Delaney

Dear Earthlings

What many of you do not see, is the" chain" of events which are graphically represented in the following chart the *four stages ("four horsemen") of subversion*: What has all this to do with the MSS (Ministry of State Security) or the CCP? Very simple: these are the 'most favourable conditions' listed in any Marxist textbook of revolutionary struggle. In chronological order, divided into three vertical columns: the areas of application, the methods of subversion and the expected (or achieved) results.

The subversion process		
Areas	**Methodes**	**Result**
⇒ **Demoralisation:**	**15 to 20 years**	
Ideas		
1. Religion	politicize, commercialise, entertainment	death wish
2. Education	permissiveness, relativity	ignorance
3. Media	monopolise, manipulate, discredit, non-issue	uninformed myopia
4. Culture	false heroes and role models	addictive fads mass
Structure		
1. Law and Order	legislative not moral	mistrust justice
2. Social relations	rights vs. obligations	less individual responsibilities
3. Security	intelligence, police, military	defencelessness
4. Internal Politics	party, antagonisms	disunity
5. Foreign affairs	salt... friends	isolation
Life		
1. Family society	break up	no loyalty (state)
2. Health	sport, medicare, food	enfeebled masses
3. Race	lover the uppers, bible? genetics vs. environment	hatred division
4. Population	de-land, urbanize	alienation
5. Labour	Unions vs. Society	victimisation
⇒ **Destabilisation:**	**2 to 5 years**	
1. Power struggle	Populism, irresponsible power struggle	big brother
2. Economy	destruction of bargaining process	yield to big brother
3. Society Fiber, Law	grass roots participation	mobocracy
4. Foreign	isolation, multi-nations, central economy	prestige, belligerent, encirclement
⇒ **Crisis:**	**2 to 5 months**	
⇒ **Normalisation**	**"permanent"**	

- Stage 1 - Demoralisation
- Stage 2 - Destabilisation
- Stage 3 - Crisis
- Stage 4 - *"Normalisation"*

In the context of Western democracies, most of these nasty things are done to the country by its own people... with the *ideological* help of the Communist/Socialist subverters. Most of the actions are overt, legitimate, and easily identifiable. The only trouble is they are "stretched over time".

In other words, the process of subversion is such a long-term process that an average individual, due to the short time span of their historical memory, is unable to perceive the process of subversion as a *consistent* and will-full effort. That is exactly how it is intended to be: like the small hand of a watch. You know it moves, but you *cannot see* it moving.

The main principle of ideological subversion is *turning a stronger force against itself*. Just like in martial arts: you do not stop the blow of a heavier more powerful enemy with an equally forceful blow. You simply hurt your hand! Instead, you catch the striking fist with your hand and *pull* the enemy in the direction of his blow until he crashes into a wall or any other heavy object in his way. But it is possible to conquer this force/nation(s) using these preconditions.

As described, it is created by the people of free democracies themselves, diverting the people's attention away from these mortally dangerous preconditions is key. The situation is similar to a house, where the owners of which have stored explosives and inflammable materials *inside*. To destroy this house the enemy does not have to intrude physically into it. It is enough to start a fire next door and wait till the wind blows in the right direction.

Meanwhile the enemy may "throw in some great ideas" for the owners to argue about in order to take their attention off the actual fire: environmental protection, gay liberation or emancipation of house pets are the types of non-critical arguments that divert the people's/citizens attention from the real danger.

Smart people would notice the fire and remove the inflammable objects and materials *before* the house catches the fire. "Useful idiots" will keep arguing about whether it is constitutional or not to pay firefighters, or the equality of husband and wife in domestic chores (who should remove the combustibles), until the actual explosion blows their enfeebled brains all over the neighbourhood.

Note

"All warfare is based primarily on deception of an enemy. Fighting on a battlefield is the most primitive way of making war. There is no art higher than to destroy your enemy without fighting, by subverting anything of value in the enemy's country".

Sun -Tzu, Chinese philosopher 500 B.C.

Stage one: Demoralisation

This process has many names: psychological warfare, ideological aggression, propaganda warfare etc. The KGB called it: Active Measures. From the time of defection from the USSR of the original author in 1970 until his suspicious death in 1993 he had been trying desperately to explain to the Western media, politicians, “intelligence about this danger to their democracies.

The subversion process Areas Methods Result, Demoralisation: 15 to 20 years

Ideas

1. Religion politicize, commercialise, death wish entertainment
2. Education permissiveness, relativity ignorance
3. Media monopolise, manipulate, uninformed myopia discredit, non-issue
4. Culture false heroes and role models addictive fads mass

Structure

1. Law and Order legislative not moral mistrust justice
2. Social relations rights vs. obligations fewer individual responsibilities
3. Security intelligence, police, military defencelessness
4. Internal Politics party, antagonisms disunity
5. Foreign affairs salt... friends’ isolation

Life

1. Family society break up no loyalty (state)
2. Health sport, medicare, food enfeebled masses
3. Race lover the uppers, bible? hatred division genetics vs. environment
4. Population de-land, urbanize alienation
5. Labour Unions vs. Society victimisation

Destabilisation: 2 to 5 years

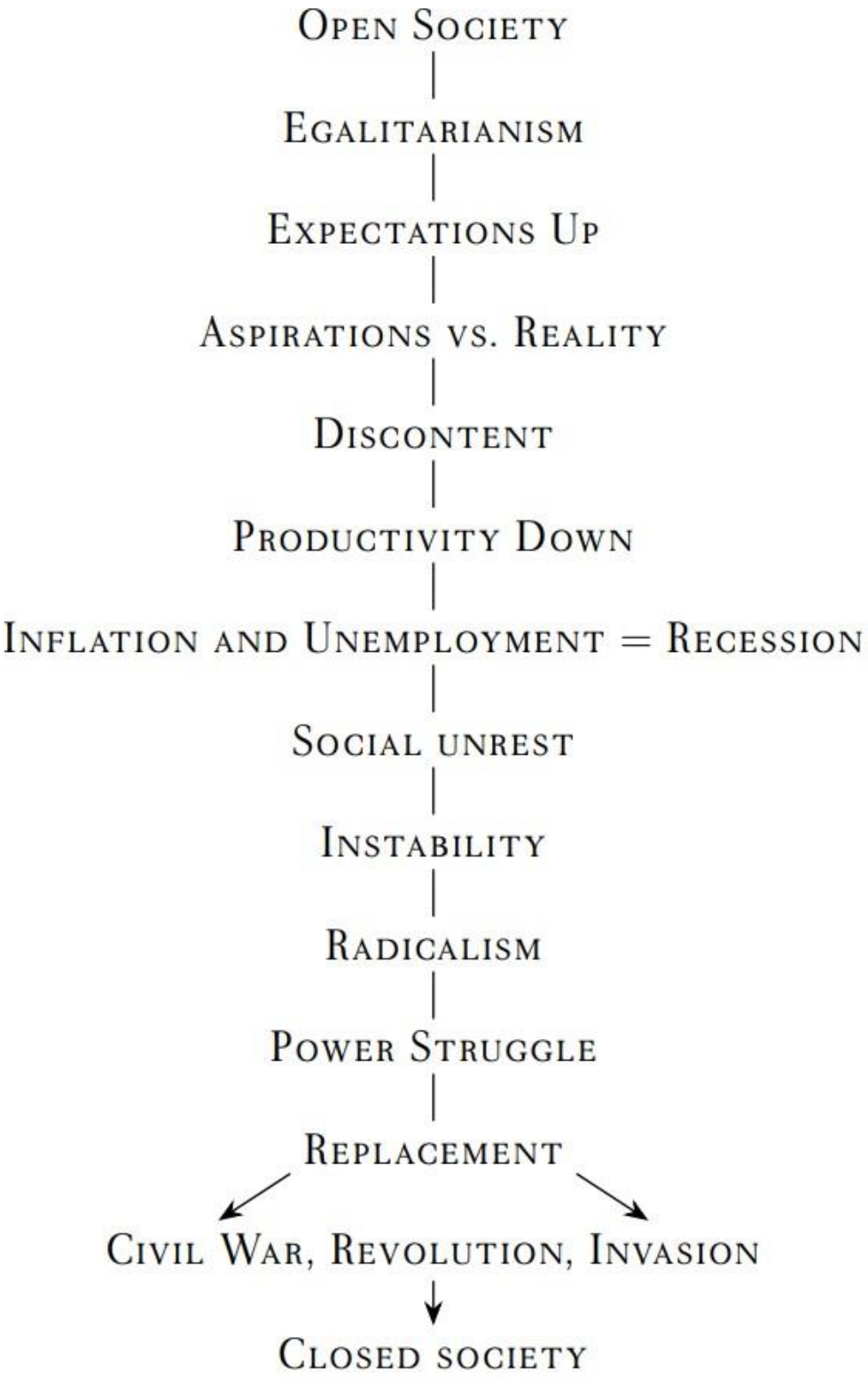
1. Power struggle Populism, irresponsible power struggle big brother
2. Economy destruction of bargaining process yield to big brother
3. Society Fiber, Law grass roots participation mobocracy
4. Foreign isolation, multi-nations, central economy prestige, belligerent, Encirclement

= **Crisis: 2 to 5 months**

Result: **Normalisation “permanent”**

John Barron ominously titled one chapter of his book, dedicated to analysis of the Active Measures, “Reality Upside Down”. Excellent title! This is exactly what my KGB gurus of subversion in ‘Novosti’ Press Agency taught me. One of the main tactics in this process is to develop, establish and consistently enforce a set of ‘double standards’: one in relation to the USSR, another to the USA.

The chart below shows the stages of Communist/Socialist ideological subversion: Demoralization, Destabilization, Crisis, and Normalization. The methods used by the subverter in the different areas of life produce their desired results in a country that does not resist the subversion process. Community" and your "academic-sovietologists" that Active Measures are more important and dangerous than classic espionage James Bond style.



Many analysts have already pointed out the diverse tactics of "Active Measures." Some of these were exactly the ones the author was trained to use while working with foreign delegations in Moscow and the USSR embassy in New Delhi, they are:

1. Overt and Covert propaganda
2. Use of "Agents of Influence," faked International Forums' created by MSS to bring the atmosphere of legitimacy and respectability to Chinese operations.
3. Provoking and manipulating mass demonstrations and assemblies.
4. Spreading rumours and 'reliable information from circles close to the Central committee.
5. Forgeries of a democratic states Information Service's press-releases.
6. Planting phony stories in local media.
7. Creating hundreds of tabloid newspapers subsidized by the USSR embassy through front organizations and fake 'advertising' companies for the purpose of 'legally' financing groups of subversives and radicals, etc.

Other tactics, such as sabotage, character assassination of 'stubborn' Democrats resisting Socialist subversion, terrorism and even occasional killings of 'reactionaries and counterrevolutionaries' for the psychological effect of 'paralyzing opponents with fear', these also were used by the authors KGB colleagues from other departments of the USSR embassy. He is less familiar with these aspects of the subversion process. The author's role as a 'legitimate' and overt public relations man and a 'charismatic' socializer was directed by the KGB mainly at the initial stage of subversion. *These same conditions apply to the Chinese Communist Party's activities today.*

After a certain period of befriending and 'cultivating' foreigners, the agent had to provide his Intelligence services supervisor with a 'psychological assessment' of the target individual (or group) and pass them over to the "professionals" for further 'processing' and recruitment. Nevertheless, he was able to reconstruct the overall picture of the process rather accurately, and, unlike the Western 'sovietologists', come to more systematic and logical description of subversion.

Let us start with the first stage of *demoralisation*. It takes about 15 to 20 years to demoralize a nation. Why that many (or few)? Simple: this is the minimum number of years needed to 'educate' *one generation* of students in a target country *(America, Chile, India etc. for example)* and expose them to the ideology of the subverter.

It is imperative that any sufficient challenge and counterbalance by the basic moral values and ideology of this country be eliminated. In absence of *any* cohesive and consistent national ideology, the task of the subverter becomes even easier. In free democratic societies, there is *multiplicity* of ideas and ideologies, without proper emphasis on the main and basic democratic ideology of the original republic or democracy and Free Market system. It is not even considered 'intellectual' or fashionable these days to subscribe entirely to this 'outmoded' set of ideas.

To be successful, the process of subversion at the stage of *Demoralisation* must be always and only a *two-way* street which means that the target nation *must* be made a *recipient* passive or active of the *ideas* of the subverter. Democracy is by definition, a *recipient* of a multiplicity of ideologies and values, whether good or bad. Unfortunately, 'bad' ideas are often proven and revealed only after a long period of time; during which many have absorbed them and allowed them to change their nation's attitudes and behaviour.

Ancient Japanese rulers understood this principle very well when they virtually *isolated* their nation from *any* foreign influence good, bad or neutral. Imperial Japan was 'preserved' in its own set of historical values long enough to bring up a mature and morally stable nation able to make the change to an entirely new technological civilization with negligible damage to national fibre. More than that: the Japanese, although reluctantly, opened-up to Western values and surpassed the West in the shortest possible historical span since the World War II, becoming one of the greatest industrialized and technologically advanced powers in the world.

Without such 'maturity' a nation may ill conceive even the most favourable foreign influence which is clearly demonstrated by several 'decolonized' third world countries prematurely embracing parliamentary democracy. But if, and when an outside influence is purposely ill-intended, an immature Nation or a nation with a neglected indigenous ideology *(i.e. America)* automatically becomes a recipient of *subversion* in its early stage of *demoralization*.

The successful demoralization is an *irrevocable* process, at least for another generation. Why? Let us take an example: the semiliterate and unstable Western generation of the 'crazy' 1960's approached the age of 40. These people, who were too preoccupied with protesting the Vietnam war, the drug/rock music scene, taking part in 'love-ins' etc., to study and prepare for assuming their civil responsibilities, attained positions of power and decision-making in government, business, media, social life, entertainment (Hollywood), military, and intelligence services. Not all of them? OK, some of them are.

You are *stuck* with them, until they retire or resign. You cannot fire them it's against union regulations. You cannot, unlike China or Cuba, or exile or imprison them after declaring them 'enemies of people'. You cannot even openly and effectively criticize them they have invaded the media and control public opinion. Unless you want to be called 'McCarthyist' or a "Troll" etc., you cannot change their attitudes and mores. At this age people are usually 'set' in their ways as individuals. You are stuck with them. *They* change your attitudes and opinions, they navigate the domestic and foreign affairs, they are making decisions and choices for *you*, whether you like it or not.

To change the direction of democracies future and to return to the basic free values; proven to be efficient and productive for centuries through historically unprecedented freedom and affluence, you must educate a *new* generation of democrats, this time in the spirit of patriotism and "*Democratic Capitalism"*. All right, you don't want to 'return'. You'd rather have something new and progressive *and* constructive, to make your country respected and loved all over the world, so that the recipients of your aid no longer shout insults such as 'Yankee Go Home', "Zionist Pigs" etc., I'm sure will all want to be free to make the choice! Even if you start the education of a *new* generation of democrats *right this minute*, it will take you the next 15 to 20 years to raise this new generation to the levels of power and authority.

You may reduce this period if you can make an enormous *all-nation* effort in an atmosphere of prevailing *unity* and *consensus*. It will take a miracle (or another national disaster, such as a new world war) to make many people in democratic societies embrace *one* national ideology and to act in *one* direction after decades of disunity, dispute, partisan antagonisms and self-castigation. Therefore, let's be realistic: the *Demoralization*, whether self-inflicted or imported, is usually an *irreversible* for one generation at least process.

The three levels of demoralization

Now, let us see the same stage of demoralization from the standpoint of the *subverter*. Socialist and Communist manipulators divide the areas of *application* of their efforts into *three levels*. The process of demoralization operates simultaneously on all three levels, which I call for the sake of simplicity:

- The level of *ideas* (consciousness)
- The level of *structures* (socio-political set up of a nation)
- The level of *life* (includes all areas of *material* existence of a nation, the 'fibre of life' so to say)

Level One: Ideas Rule the World

The level of *ideas*, the highest level of subversion, affects such vital areas as religion, education, media, and culture, to name just a few of the most important ones. If we look back at the history of mankind, we notice that the greatest upheavals and changes were caused by *ideas*, faiths and beliefs, not by *knowledge* or *physical things*.

Religion

Few people sacrifice their comforts and lives for such trivial things as a new car. Scientific knowledge seldom generates strong collective emotions. Many scientists have preferred life and affluence to death for scientific truth. I have never heard of a man who would staunchly face a firing squad for the sake of defending the truth of the Law of Gravity or 2 + 2 = 4.

But *faith* in the seemingly irrelevant (at the time) and immaterial teachings of religion generated such tremendous *moral force* in *millions* of human beings for *thousands of years*, that people willingly and happily accept violent death and tortures rather than deny their belief in their deity!

Communism, Socialism and its Marxist-Leninist dogma, according to some thinkers *(Dr George Steiner for one)*, is another distorted form of *faith*, able to inspire martyrdom in millions. Substituting the traditional values of religious heritage with this Marxist-Atheist faith is one of the basic principles of subversion at the stage of *Demoralization* the highest and most effective level of *ideas*.

The methods are as primitive as they are predictable. You do not have to be a graduate of a KGB or MSS school or an Ivy League University to figure out what kind of *interaction* between the subverter *(MSS)* and target *(democratic brains)* occurs on this level. All the *subverters* be they the CCP, Cuba, the Fabian Society, El Foro de Sao Paolo or any other purposeful group or organization or state hellbent on the idea of a "New World Order" has to do is to study the areas where your nation's *ideas* could be eroded and substituted, and then slowly but consistently affect these areas by sending infiltrating agents of Influence to inject new ideas, disseminate propagandist literature, and encourage self-destructive tendencies.

All a subverter must do to remove the spiritual backbone of a free and democratic society is to help you to *politicize*, *commercialize* and *'entertainment-alize'* the dominant religions. There are many other contributing factors the subverter can also take advantage of, such as the development and spreading of various religious cults, including Satanic and Death cults; preaching moral relativity and removing

religion (and prayer, *any* prayer) from schools; creating 'personality cults' in religion whereby the preacher becomes the centre and object of divine worship, and not the God worshipped (often religious charlatans claim to be 'incarnations' of God, or even God Himself) etc.

Three main methods the author was most familiar with. These methods were used by him and KGB Novosti colleagues, and these methods have proven to be sufficiently efficient. We did not have to bother with such silliness of for example, recruiting Billy Graham and forcing him to tell outrageous lies about "the existence of religious freedom in the Soviet Union" in state-run churches in Moscow.

The most 'innocent' method of destroying religion, namely, is making it ***entertaining***. To attract people *and money* to 'established' religious organizations some churches have literally become theatres conducting variety shows featuring celebrities from the entertainment 'industry' who perform for 'fees'. The Agents of Influence may or may not have to physically manipulate these entertainment arrangements. The indiscriminate choice of the 'celebrities' for these church 'performances' is usually quite pleasing to the socialist subverter. A group of rock or pop-musicians with a message of 'social justice' sugar-coated in popular 'spiritual' tunes can be actually more helpful to the KGB than someone standing in the pulpit preaching Marxist-Leninist doctrine. The sugar-sweet messages of social equality from the crooning mouths of the entertainers is quite enough to accomplish the aims of the socialist subverting agent without any overt activity on their part.

Commercialization of religion does the same thing. If the church has to *solicit* your money and remind you over and over again in every TV show to contribute (with telephone numbers to pledge donations), that only means and infers that there is something basically wrong with your faith. Faithful people do not have to be *asked* for money, they tithe to their churches voluntarily and eagerly. Unhealthy competition for donations between various 'electronic churches' does two things beneficial to the Socialist subverter:

1. It makes religion dependent on the most successful 'salesmen' of God (and these salesmen may not necessarily be, they *don't have* to be, of the highest moral standards) thus, truly moral, God entered people are turned off by organized religion and

2. It *empties* regular churches, where you must practice your religion by personal physical presence and participation and involvement. All the subverters must do now is to keep on further discrediting the main body of the church, by harping at religion in general as "just another means of the capitalist exploitation of masses, and a profit-oriented opiate of the people".

Communist/Socialist propaganda, and its fronts such as 'Tele Sur', 'Novosti', along with others such as Cuban or 'Chinese media, Xinhua' etc. does exactly that, and quite successfully, through thousands of 'liberal' and 'leftist' media establishments in countries around the world.

Politicizing religion is the most efficient method of demoralizing a target nation. Once a nation starts giving to an *"emperor"* what belongs to God, and getting God involved in such things as 'social justice' and partisan political squabbles, it predictably loses what religion calls mercy and the grace of God.

To put it in 'atheistic' terms, a target country allows the subverter to use the area of moral values for dissemination and enforcement of amoral ideas and policies. The most powerful instrument of this process is an organization called World Council of Churches, infiltrated by the MSS and others to such an extent, that it is hard to distinguish, these days, a priest from a spy.

Being a public relations officer for Novosti, the author accompanied many foreign members of the WCC during their visits to the USSR. Some of them struck him as individuals pathologically unable to say or hear any truths. They were simply allergic to any facts or opinions which would 'undermine' their 'spiritual' affiliation with the Socialist/Communist manipulators. Archbishop and president (!) Macarios of Cyprus was one such 'religious' visitor. Skilfully combining both God's and Caeser's things, Macarios was extremely effective in bringing the desperately needed air of legitimacy and 'holiness' to the junta of the Soviet mass murderers and oppressors of religion. His photogenic presence at various 'International forums' in Moscow greatly promoted *acceptability* of the Socialist influence in the 'nonaligned' and 'developing' countries.

When, after the author's defection to the West, He found Trotskyite publications in a United Church of Canada, and saw Nicaraguan Catholic Church 'fathers' with Soviet-made Kalashnikov machine guns hung over their church robes; read about 'humanitarian' aid from the American Council of Churches given to African mass-murderers and terrorists, who were trained in Russia by the KGB He did not 'suspect' he knew these things to be what they are direct results of the Communist *subversion* of religion. He did not need any 'evidence' of 'links' between the KGB and the church.

The complete confusion of God-related and politically subverted related goals are obvious, even to this day with the actions of the Chinese Government's *(Communist Party's)* treatment of Uyghurs among others.

In the extreme left column of the first chart *(on page one)* you can see the *results* of *demoralization* in each individual area on each level of subversion. The result of the demoralization of religion is a phenomenon referred to as the "death wish". This expression is borrowed from a book by a Soviet dissident writer, Igor Shafarevich, titled "Socialism as a Historical Phenomenon". (YMCA Press, Paris, 1977) Dr. Shafarevich in analysing the 'dead' civilizations of Egypt, Maya, Mohenjo-Dara, Babylon, etc., comes to an ominous conclusion: *every one of these civilizations died when people rejected religion, and tried to create 'social justice' along socialist principles*. Thus, socialism, according to Shafarevich, may be a manifestation of an inborn human instinct of *self-destruction*, if unrestrained leading ultimately to *physical death of all mankind*.

'Mass' Education

This is another area of subversion at the stage of demoralization. The Marxist-Leninist concept of education emphasizes 'environment' and 'mass' character of education over individual abilities and quality. When "Free" media enthusiastically reports *(repeating Socialist propaganda cliches)* about the 'achievements of Socialist/Communist states regarding science etc.', they usually obscure the *ideological* aspects and purposes of the Socialist/Communist system of education. 'Massiveness' and 'universality' of education attracts Western sociologists and governmental bureaucracies alike. For 'developing' nations this seems to be the easiest short-cut to many contemporary problems.

The Western public seldom receives an explanation on the price of the state-controlled Socialist education: political conformity to dictatorship, ideological brainwashing, lack of individual initiative in 'educated masses', lagging in development of science and technology. It is a commonly known fact that most of the Chinese 'technological marvels' are stolen, bought or 'borrowed' from the West.

Most of the scientific and technological research in China is 'productive' only and always in the most destructive area: the military and security control. The author's motherland *(the USSR)* at the time he

wrote the original of this book in 1984 was still, after more than half century of 'victorious Socialism', a country without even common household refrigerators, and yet boasted of their 'space exploration' and tremendous military might, which have did absolutely nothing to improve the day to day life of Soviet citizens.

Up until the 1980's the author found that The USA's romance with state-run education, as encouraged by Communist subverters had already produced generations of graduates who cannot spell, cannot find Nicaragua on a world map, cannot *think* creatively and independently. He wondered if Albert Einstein would have arrived at his Theory of Relativity if he had been educated in one of today's USA public schools?

Wouldn't you agree that Socialist and Communist sponsored demoralization is not going to produce the dynamic, talented and fruitful young democrats of the future? Contemporary permissiveness in free societies and moral relativity in education have greatly facilitated Socialist ideological subversion tactics.

The main methods of Socialist *demoralization* in a free state's education are:

- Student Exchanges whereby a free nation's students and professors go to a communist/socialist nation's educational centres, where they are exposed to ideological brainwashing, sometimes lacking the proper education that would allow them to assess the Socialist/communist information they receive objectively.

- Flooding of campus bookstores with Marxist and Socialist literature published both in the China, Cuba etc. and by domestic 'fellow travellers.

- International seminars and conferences with Socialist subverters participation, where Socialist propaganda is seldom or never balanced by opposing viewpoints.

- Infiltration of schools and universities by radicals, leftists, and simply 'disturbers', often functioning unknowingly under the direct guidance of the subverting state's agents of Influence.

- Establishing numerous 'student' newspapers and magazines, staffed with Socialists, Communists and sympathizers.

- Organizing 'study groups' and 'circles' for dissemination of Socialist propaganda and Communist ideology.

The eventual result is very predictable: ignorance combined with anti-capitalism. That's good enough for the subverting state's agents; MSS etc. at this stage of subversion.

Media: lords of public opinion

The free democratic media is a willing recipient of Socialist subversion. We know this, because the author worked with American journalists and correspondents in Moscow while on the Soviet side, and after his defection to the West. People habitually refer to the "American" media as 'free', ignoring the

obvious and commonly known fact that most of the most powerful media in the USA, is already *monopolized* both financially and ideologically by what are referred to as 'liberals.

American media 'chains' have merged, they belong to fewer and fewer owners, who, do not seem to mind that the media is being almost totally 'liberalized' with socialism. *Liberalism, in its old classical sense, means above all, respect to individual opinion and tolerance to opposing views*. However, in our experience, communist defectors who have requested and sometimes literally begged, to have stories of their life in the Soviet Union told to the American people via the major American media have been completely ignored!

One of the most devastating methods of Socialist subversion in Free Media is the *discrediting* of authors like Yuri Bezmenov, along with the information and opinion of those who come up with clear evidence of Socialist/Communist crimes against mankind *(Humanity)*. This method is well described in the book entirely dedicated to the activity of the 'Novosti' Press Agency. (No Novosti is Good) An Introduction of *non-issues* is another powerful method of demoralizing at the level of *ideas*. It will take another full-size book to describe in detail this method. Suffice it will be here to give a brief definition of *non-issues*. An issue, the solution to which creates more and bigger problems for most of a nation, even though it may benefit only a few, is a non-issue *(the civil rights of criminals is not an issue; defending morality is the larger, real issue).*

The main purpose of non-issues and the devastating result of their introduction is the *side-tracking* of public opinion, energy (both mental and physical), money and *time* from the constructive solutions. Socialist/Communist propaganda has elevated the art of infiltrating and emphasizing non-issues into the public life of capitalist democracies to the level of state policy.

Addictive 'mass culture' Years ago, scanning through a pile of Western newspapers in Novosti's Moscow headquarters, Yuri came across a column written by a Canadian writer, Gregory Clark in the "Toronto Star". Here it is in full.

"If I were a Communist agent in America with millions of dollars to spend annually, I would not waste it in bribing public servants to give away state secrets. But I would lavish and encourage the sleazy tunesmiths of that region to turn out more and more garbage 'culture'...

Gaggled-headed and obscure musicians would be helped to prominence. I would seek out the more questionable publishers of the dirtier paperbacks and slip them a few hundred thousand so they could set up more respectable head offices. Wherever trend shows towards the beat generation I would offer it a helping hand. Anything that prompted the insubordination of teenagers, anything that contributes to the confusion and exasperation of parents would be most liberally endowed. The basic intention of my spending would be to break down the discipline, encourage relaxation of authority of every kind to build up, in as short time as possible, an adult generation that could easily go out of control.

America would look desperately around for any kind of discipline to rescue them and *there* pretty as a picture, would be Communism, the most iron-fisted discipline since Sparta. The victory would be bloodless... Except of course in concentration camps, torture, prisons, and few things like that. But nobody would know about that because of censorship of the press."

That was written in 1959! The accuracy of this description of *KGB* activity stunned me. We had just completed 'helping a gaggle-headed' Communist entertainer, Yves Montand to 'prominence' in Moscow and were halfway through with publicly elevating 'obscure' Indian film-maker Raj Kapoor to 'fame'. The

editorial offices of Novosti were teaming with 'sleazy' foreign singers, poets, writers, artists, musicians and 'intellectuals' to Russia for support in their 'progressive struggle' against their own 'decadent capitalist' societies... There is not much he can add to that statement of a wise Canadian columnist today.

Yes, Socialist and Communist subversion agents encourage *demoralization* of democratic nations through the 'mass culture' by relying upon the help of the "*useful idiots"* of the entertainment business. No, the Beatles, Punks and Michael Jackson where not on the KGB payroll. They are on *your* payroll. All the KGB had to do is to slowly and gradually *change public attitudes* and kill the people's *resistance* to the demoralizing addictions; what your kids may call '*music*', make it acceptable, *normal*; make it a part of 'Democratic & free culture' where it does not belong and never did.

The second level of demoralization: Structures

There is a Russian proverb which says:" The *sly head gives no rest to the arms"*. Let us see what Communist subversion does to your "arms" the socio/political/economical *structures* of America. The areas of application for demoralizing, Free States, Western and in particular American structures are:

1. Judicial and Law-enforcement system.
2. Public organizations and institutions dealing with *relations* between individuals, groups and classes of the society.
3. Security and defence organs.
4. Internal political parties and groups.
5. Foreign policy formulating bodies both governmental and nongovernmental *("think-tanks", academia, sociology "sovietology advisors" etc.)*

Law and Order In the area of "Law and Order", the method of demoralization is to promote and enforce the prevalence of the "legalistic" approach over the "moral" one. Several generations of American lawyers and lawmakers, graduating from the 'liberal' (that is *leftist*, Socialist-oriented) schools, after long-time exposure to the Socialist *ideology*, have already created an atmosphere in the US and in many countries around the world. A judicial system whereby "underprivileged" criminals are treated as a "victim" of a "cruel society", and the real victim (the law- abiding society) is turned into defenseless and very underprivileged citizens and taxpayers, *paying* for a comparatively comfortable life of the criminal in or outside prison.

The result is as predictable as it is desirable for the subverter: *mistrust* of the American *(the free state's)* population towards their own judicial and law-enforcement system, and people demanding harsher punishments and stricter *controls* to fight crime. *What could be better than a strict Socialist/Communist type of control?* Even 'liberal' media has made claims that there is no street crime in Moscow or Beijing etc. and false claims there is no drug problem as well.

Similarly, in social life, by encouraging you to put your individual *rights* over your *obligations* (any obligations private, financial, moral, patriotic etc.) the subverter achieves the desired effect: a society

composed of *irresponsible individuals*, each one" doing their own thing", and acting according to the "law of the jungle". Such subversion of society is the first step to tyranny.

To demoralize a "free and democratic state's *protective forces"* it is enough to get your children to call the police "Pigs", "Bastards" and "fascists" for a decade, disband police agencies watching over subverters and radicals by calling them "spies" *(that is exactly what American Union of Civil Liberties did)*, stage campaign after campaign of discreditation and "investigation" of the "wrongdoings" of the police, and in 20 years you arrive at the present situation, when the majority of the civilian population of the subverted nation is virtually without any civil laws or protection from criminals, and con-artists etc. *Can you now expect your police and civil authorities to protect you and your family in case of terrorist attack or a major civil disturbance?*

The American FBI, CIA and other law enforcement/intelligence agencies have had no better treatment than the police. The populous of free states *(such as the USA, UK, France, Germany among others.)* are *made* to believe that their own security agencies pose more danger than Communist China, Cuba or Socialist North Korea etc.
There have been dozens of "revelations" and exposes on the CIA during the last 70 years. But there was not a single well publicized trial of any Cuban, Soviet or Chinese agent caught in the USA "red-handed". There were numerous expulsions of 'diplomats' yes. But an equal or greater number of them came to America or applicable country to replace their 'fallen comrades'.

There is not a *single* law in The USA which could be used to legally persecute agents for ideological subversion. But there is a law that prevents the nation's CIA from using *your* media to vindicate their acts in protecting *you* against the Socialist/Communist subversion. Your media and Hollywood entertainers lovingly repeat every fabrication of Socialist propaganda regarding the CIA 'atrocities', mixing it with truth, half-truth and blatant lies. Demoralizers like Larry Flint regularly entertained the public with juicy stories about 'CIA assassinations' sandwiched between pornographic pictures in his magazine.

Do you remember when you saw a Hollywood film or read an award-winning book about the "good CIA"? Not to imply that pornographer Flint or members of Rockefeller commission on CIA were on the KGB payroll. But obviously pornography, as well as political prostitution pays. It sold 'Hustler' magazine, it does both sell and buys politicians. It kills the security of a free state. Criticism of the subverting state agency does not pay. In fact, critics of the socialist subverters may get killed in the process.

What are you my dear fellow humans, free people? A nation of masochists and cowards? When you read and listen to all this dirt poured upon your security agencies by the media and politicians, can't you realize, that the most just and factual criticism of the CIA or your intelligence agency is wrongly addressed? Security agencies of free states (unlike the MSS) are *instruments* in the hands of a nation and its *elected politicians*. One should not blame an instrument, when it is the *operator's* fault. If the instrument malfunctions *correct* it, and don't use a hammer where a fine screwdriver is needed.

Very often a nation's media presents a picture of the CIA and FBI etc. as a 'mirror reflection' of the KGB and MSS etc and its 'fraternal services'. *The KGB was a power which systematically and ruthlessly murdered about sixty million of their own people, and it engaged in the killing of innocent defenceless people all over the world.* How many were killed by the CIA? Do numbers (and 'quality' too) matter at all to you? Or was comrade Stalin right, when he said that *one* person shot is a tragedy, but 1 million is statistics?

Let's look at how the people treat their military defence forces. What is the image of the military presented to you and the rest of the world in the free world's press, electronic and social media? If there is a U.S. general, he is called a trigger-happy 'warmonger', a 'hawk' and 'aggressor'. One of the most popular TV series M.A.S.H. presented The US military as a bunch of very humorous, hysterically funny bunch of psychotics, queers, alcoholics and otherwise rather unruly characters. Yuri watched a film titled "Rage", where the Pentagon is depicted as a cruel experimenter, testing chemical weapons on unsuspecting American farmers. And it is shown on TV exactly at the very same time when Soviets are using chemical weapons in Afghanistan, Cambodia and Laos, and provide the same to their Iraqi 'brothers' for their fraternal genocide in Persian Gulf. Have you *ever* seen a movie or a TV series about *that*?

Every American student knows the name of the Vietnamese village Mi-Lai and what it stands for, namely, an "American war crime." Do you remember the name of the Soviet pilot who shot down the Korean passenger airliner with 269 passengers aboard, including some 60 Americans and a US senator? Do you remember the name of that senator?

Does anybody in America *ever* learn from American media the names of thousands of Cambodian and Afghani villages *totally exterminated* by the Soviet military? Where is Jane Fonda and Dr. Spock, who used to express so much concern and love for Vietnamese and Cambodians when the US military was there? Wrote Yuri.

The 'Double Standard' applied and enforced and "*legitimized"* by the manipulators of public opinion in the most free societies is a direct result of the long-term process of the *demoralization* of the *image* of the *military* in the minds of millions. The result? Study the chart on page one.

'Quiet Diplomacy' or surrender?

There are hundreds of volumes written about the ways Communists and Socialists use foreign relations for their geo-political purposes. There are *none* which reveal the link between the failures of American diplomacy and the process of demoralization.

From time-to-time defectors from the Communist side, such as Arkady Shevchenko, the USSR representative in the UN in the 1950-60's era, give breath-taking accounts on how the Communist/Socialist organisations are using 'diplomacy' for subversion. And yet all the crowds of "experts" and "kremlinologists" etc. are seemingly unable to put the pieces together and to raise their voices *against* dealing with the Communist and Socialists oppression in a 'diplomatic' way.

Many public figures have noted that most of Americans do not want to hear unpleasant things. Politicians in the USA know this, so do foreign operators and social subversive agents. Every US administration has contributed to the process of *demoralization* of their own foreign policy by continuously negotiating and *signing* "peace treaties" From the "Lend Lease" to the "Helsinki Accord" to the "SALT" treaties, creating false expectations and voter complacency and *never* openly and honestly admitting that *none* of those agreements and treaties *ever worked* for America that is they *all* benefited the USSR, however.

In the process, The USA has lost *many* foreign friends to 'Socialist subversion' the Communist camp; a concentration camp to be precise! Presently the USA is rapidly nearing a situation of *total isolation* from the rest of the world. Even our long-time friend Great Britain did not support America, even verbally, on the liberation of Grenada, despite the obvious fact that America was on the British side in the so painted "ridiculous war" over the Falkland Islands. *The truth was Argentine forces invaded the islands, the Falkland Islanders were liberated by UK forces, they are and continue to want to be British citizens*.

What could be more amoral than the 'peace with honour' agreement signed by Kissinger with Hanoi Communists? Ask the Vietnamese 'boat people'. When someone makes a deal with a murderer, we call them 'accomplice in crime', we don't award them the 'Nobel Peace Prize'. Or do we? What should we call this kind of foreign policy which is both amoral *and* hurts the free peoples of the world?

Level Three: Unhealthy Body Unhealthy Mind

Very similar methods are being used around medical/health services and sports, *(as part of an activity meant to keep the population healthy)*. By encouraging 'professionalism' in spectator sports rather than encouraging individual sports participation, a nation enfeebles its coherence of the people, as one nation.

Most adults who 'love sports' watch TV sports programs, while munching pretzels with their beer, and *not* taking physical participation in sports activity. Unlike in the China, sports is not a *compulsory* part of elementary education in America. impressive victories of Chinese and Soviet athletes at international competitions further facilitate the *ideas of the supremacy of socialism* in public health, thus convincing more and more people of the need to emulate the Socialist system and introduce it into the the nation's schools.

What many free people do not realize, is that what they see/saw on their TV screens is not *real* Chinese *or was no real* Soviet sport. Most of the Chinese population is not 'athletic', and the soviet population not either, at all; they are sick from the lack of correct nutrition and alcoholism. Chinese athletes are state-created exceptions to the general national deterioration in China as it was in the USSR.

A similar myth is being promoted around the world on social media etc., about 'free health care' in Cuba, China etc. While working in Moscow, accompanying numerous foreign delegations and showing them 'regular' medical facilities in clinics and kolkhoz hospital, Yuri's guests did not all realize that he was taking them to specially prepared 'exclusive' medical establishments, 'only for the eyes of foreigners. When Yuri arranged interviews with Soviet doctors, telling his guests about the 'glorious achievements' of Soviet surgery, some of them had no way of checking if these 'achievements' were available to USSR collective farmers or workers in Siberia. They are not, and many free people know about this, although they have never visited and I is not possible to visit the USSR these days, as it is now Russia and many different separate nations.

Demoralization in the area of food *consumption* patterns is also effective in the introduction of such things as 'junk foods. No, Socialist agents do not put chemicals into food and drink. It is done by some Mega-monopolies who operate along the same principles as Soviet 'Obshchepit' (Public Food Service): they look at consumers as 'units of consumers', not individuals. Abolishing freely competing *small* food companies, who *had to treat you individually* to survive economically, these giants of indigestion artificially *create* consumers' tastes and demands which may not be in the interests of your health but surely in the interests of the monopoly profit. *Here Yuri tends to agree, at least in part, with America's*

ralph-naders, and consumer protection groups, although do not share their ideas on the solution of the problem.

Racial and ethnic interrelations is one of the most vulnerable areas for demoralization. There is not a single Communist/Socialist country where racial groups are 'equal' and enjoy as much freedom to develop themselves culturally and economically as in The USA or European countries etc. Actually, there are not too many "capitalist" countries where ethnic minorities have it as good.

Yuri had been to many countries around the world and stated, "my dear Americans, your society is the least discriminatory". The Communist/Socialist 'solution' for racial problems is 'final': they simply murder those who are different *and* stubbornly insist on remaining different. Stalin played with whole populations of "ethnics' "resettling' Estonians, Latvians and Lithuanians in Siberia, relocating Crimean Tartars from the tropics to permafrost and Koreans from the Far East to the Kazakhstan deserts.

But unfortunately, an 'average' person never recalls these commonly known facts when his attention is drawn to domestic 'racial discrimination' issues by those who profess 'racial harmony' along the socialist principal guidelines. Why? Simple: because 'race discrimination fighters' *never mention* these facts.

Yuri said, "If the USA were located on a separate planet from the Socialist & Communists, he would probably agree with Martin Luther King" when he said that "America is a racist country". But when these statements are made on *this* planet and in "*the most integrated nation in the world"*, he said to the 'fighters for racial equality': you are hypocrites and instruments (even if unwilling) of d*emoralization*. Demoralization in such areas as family life, health services, interracial relations, population control and distribution and labour relations he calls the '*life*' level.

Marxist-Leninist ideology sugar coated in various indigenous "social theories" have greatly contributed to the process of the modern free society's family break-ups. The trend recently is changing in the opposite direction, but many generations of people in democratically capitalist countries, brought up in broken families, are already mature adults lacking one of the most vital qualities for the survival of a nation, *loyalty*. A child who has not learned to be loyal to his family will hardly make a loyal citizen. Such child may grow into adult who is loyal to the State though.

The USSR and Chinese examples are rather revealing in this case. In the struggle for the 'final victory of Communism', the goal of the subverter is to substitute, as slowly and painlessly as possible, the concept of loyalty for *nation* with loyalty to the "Big Brother" welfare state, who gives everything and can *take* everything, including personal freedom from every citizen.

If that objective is successfully achieved, the subverter does not need any nuclear warheads and tanks and may not even need the physical military *invasion*. All that will be needed is to 'elect' a 'progressive thinking' president who will be voted to power by the people, unwitting "Useful Idiots" who have become addicted to welfare and 'security' as defined by their Socialist subverters.

The democracy's traditional solution to racial and ethnic problems is slow but efficient: the 'melting pot' which raises the less developed groups to a *higher* level. It has worked for more than a century of US, UK, and European history, and created the most harmonious and productive nations on Earth.

The present day 'solution' to racial inequality is borrowed from Communist mythology: *equality* of all racial and ethnic groups *legislated* by the government and *enforced* by state bureaucracies. We know perfectly well that neither races nor *individuals* are equal, in any respect. We know that every nation

and race have its peculiar character, abilities, traditions, mentality, and ability to learn and its individual *pace of development*. By mimicking the Socialist 'national policy' of equality states simply erase the distinct racial characteristics that have made their and your country great.

On population distribution: urbanization and "de-landization" *(the taking away of private land)* is the greatest threat to nationhood. Why? Because the poor farmer often is a greater *patriot* than an affluent dweller of a large, congested city. Communists know this very well.

Socialist states keep a very tight control over the size of their cities by the system of 'police registration of residence', in Soviet Russia it was called 'Propiska'. They know perfectly well that the farmer will fight an invader on his land til the last bullet. "Underprivileged" or urbanized masses on the other hand, may feel like meeting an invader with flowers and red banners. *alienation* of people from privately owned land is one of the very important methods of *demoralization*.

And, finally, we have come to the final important area: **Labor relations**. We don't think you need to tell you about the ideological infiltration of labour unions. This is a well-documented part of history. Moscow 'International Trade-Union School', a KGB incubator for agents, took care of the physical infiltration of labour unions. And that is also well known (even to the CIA) in fact. The Chinese State have continued to do this. Leaked documents in 2020 show that around two million Chinese Communist Party Agents are acting in all countries around the world.

What you should think about today is this: what sort of *morality* it takes to make medical nurses leave sick and dying patients in hospital beds and walk out to strike for fifty cents an hour more in pay? OK, for a full *dollar* more? What makes unionized electricians leave a city without power in the middle of a severe winter and let several children in "under privileged" slums freeze to *death*?

How desperate for money must a unionized truck driver be to *shoot to death* a strikebreaking colleague, father of five? Surely, each individual American, who commits these outrageously *amoral* acts is not that cruel and egocentric. And, let's face it, not *that* broke. So, why? The answer is *ideological demoralization*.

The bargaining process in labour discussions, in many instances is no longer motivated by the desire to *improve* working conditions and wages. It is not bargaining at all its blackmail! In the process of the unlimited growth of **union *power***, the worker loses the only relevant and real freedom he has in this country: the freedom to choose, to work or not to work, and for how much. If an individual prefers to work for *lower* pay *(of his free and individual choice),* he often is no longer able to do so. History has shown what happens to strike-breakers, those that defy the picket lines.

Stage two: destabilization

Here the efforts of subverter narrow down to the “essentials”: the internal power structures of a target nation; the nation’s foreign relations; economy and “social fibre”. If the preceding stage of *demoralization* is successful, the subverter no longer has to bother about your *ideas* and your *life*. Now he gets to the ‘spinal cord’ of your country and helps *you* to bring your own society into a destabilized state. This normally takes from two to five years, depending on the maturity of a nation, and its ability to mobilize resistance.

Power Struggle

The first symptom of instability is expressed as the desire of the population to bring to power those politicians and parties who are charismatic, act like good” caretakers” and promise more “security” not from external and foreign enemies, but rather, job “security”, “free” social services and other “pleasure strokes” provided by “Big Brother”. By concentrating the attention of a nation on short-term solutions and “improvements”, such irresponsible politicians simply procrastinate on facing “the moment of truth”, when the nation will have to pay a much higher price for the main and basic problem bringing country back to stability and restoring the moral fibre.

A compounding factor at this stage is the so-called “grass roots” participation of the ‘masses’ in the political process. Demoralized and enfeebled ‘masses’ tend to grab the ‘easiest’ short-cut solution to social ills and socialism seems to them to be the best answer.

Traditional, national institutions no longer “appear” efficient. They are gradually replaced by artificially created ‘citizen’s committees’ and ‘boards’ which acquire more and more political power. These bodies which are in essence, mirror reflections of the totalitarian structures of power, are more and more ‘responsive’ to mob-ocracy, the rule of the crowd of radicalised *consumers*.

At the same time, the backbone of the economy the free bargaining process gradually yields to the principle of ‘planned economy’ and ‘centralization’. With the final destruction of the free bargaining process the predominant economic power moves into the hands of “Big Brother”, the State, which functions more and more ‘in cahoots’ with mega-monopolies and monopolized labour unions.
The famous ‘division of powers’ no longer governs the judicial, legislative and executive lines, but rather is replaced by bureaucracy in government, bureaucracy in business and bureaucracy in labour.

In the area of foreign relations free democratic states are being pushed further and further into isolationism and defeatism. Their few remaining friends look with horror at the destiny of those nations who were betrayed and abandoned by the USA and it’s global partners, and that try to find ‘their own solutions’, which often comes as ‘establishing friendly relations’ with the subverting nation itself and its Socialist/Communist empire.

The belligerent encirclement of America and free nations proceeds with an ever-increasing pace and demoralized politicians are no longer able or willing to face the inevitable reality. Chinese, Cuban military supplies and direct intervention seem to a free nation’s legislators to be less dangerous, than ‘losing face’ by ‘violating international laws’ by i.e. mining Nicaraguan ports to prevent the export of Socialist/Communist revolution to the region.

Most Americans and the populations of target countries are made to believe that it is their country who 'violates' international law, not the Chinese or Cuban Communist Party and its surrogates. The average person may not even realize that the 'International Court' is nothing but an artificial creature of the Socialist-controlled General Assembly of the UN. We only have to look at the current head of the UN and the High Commissioner for Human Rights to see that the UN has become nothing more than a Fabian Society tool to control the world, riddled with nepotism and undemocratic.

All through this stage of *destabilization*, capitalist 'multinational' monopolies continue to trade, extend credits, supply technology and 'diplomatically' appease the *subverter,* the central committees of the Socialist/Communist nation subverters that is. In total disregard for the interests of the peoples of of the free world and their own country, these giants continue to extend aid to each other.

Crisis, stage three

It may take only two to six months, to bring the target state to Crisis, the same situation which has existed and exists in most of Latin America. At this third stage of subversion, you will have all your 'radicals' and Socialist 'Sleeper' Agents springing into action, trying to 'seize power as quickly and ruthlessly as possible'. If all the previous stages of Socialist Subversion have been successfully completed by that time, most of the population will be so totally confused, that they may even *welcome* some "strong" leaders who 'know how to talk to the people'. Chances are these leaders will be elected and given almost unlimited 'emergency powers.

A forceful change of the nation's system may or may not be accomplished through a civil war or internal revolution, and a physical *military* invasion by the subverting nation may not even have to take place at all. But change it will be, and rather a drastic one, with all the familiar attributes of Socialist 'progress' being instituted such as *nationalization* of vital industries, the reduction of the 'private sector' area of the economy withered to the bare minimum, the redistribution *(thieving)* of wealth from the old governors to the new powers, along with a massive propaganda campaign by the newly *'elected'* government to 'explain' and justify the reforms. No concentration camps and executions; not yet. That will come later at the stage of...

Normalization: the fourth and last stage

Any normal nation would resist such a *'progressive change'* as just described. And according to the 'classics of Marxism-Leninism' there will arise pockets of resistance, shortly after the takeover consisting of the 'enemy classes and counterrevolutionaries' who will physically resist the new and oppressive system.

Some citizens may take to arms and flee to the mountains *(as in Afghanistan).* Reforms *(or destruction to be more accurate)* of the security agencies, (police and military) by the new government may lead to a situation of 'split loyalties' among law enforcement officers and render the majority of the population defenceless.

At this point, to avoid 'bloodshed', the subverter moves to *Normalization*, a term borrowed from the

Soviet propaganda of 1968 from the time of the Soviet 'fraternal' invasion of Czechoslovakia. Comrade Brezhnev called that "Normalization". And he was right: the vanquished country was brought *by force* into the *normal* state of *Socialism*: namely, subjugation.

This is when my dear friends, you will start seeing 'friendly' Soviet soldiers in the streets of our cities working together with American soldiers and the 'new' police force to 'restore law and order'. Very soon the target nation's Socialist radicals and *do-gooders, that were previously* working so hard to bring 'Socialist progress' to their own country, find themselves *in prisons* or hastily built concentration camps. *Many of them to be executed, quietly or publicly.*

Why? Simple: the Socialist 'liberators will have no further use for the 'disturbers. The 'Useful Idiots' will have completed their work. From then on the "New Order" will need *stability* and a *new morality*. No more 'grass roots' movements. No more criticism of the State. The Press will obediently censor itself. In fact, this censorship is already existing *now*, imposed by the so-called big tech and mass media companies ran or infiltrated by socialist do-gooder, useful idiots and political whores. You will now have the opportunity to *'enjoy'* exactly the same life as did the Vietnamese, Cambodians, Angolans and Nicaraguans, Chileans, etc. and as do the Chinese, North Korean, Cuban's, and Venezuelan's "betrayed"!

It will never happen here!

What if it does happen in your country? Why take chances? What are the *solutions*? There are different solutions for different stages of subversion. If a nation has enough "common sense" to *stop* subversion at the very beginning of the *demoralization* stage, you may never need the painful and drastic solutions needed to deal with the *crisis* stage.

The most general solution I can offer for the whole process of *subversion; stop aiding the subverters*! You are still living in a free society, and you are able to force your elected politicians to change their policies toward the Socialist/Communist world if you so choose.

But if *you*, personally do not see anything wrong in dealing with the Socialists and Communists, *helping* them in their global expansion and take over, we feel that you should begin learning more about the reality of the Communist/Socialist situation, not from your monopolized media, but from the independent media and press who have no vested interest in making out that China or any other country to be the 'good guys,' and from people like us, who have experienced Socialism/Communism first-hand.

There are numerous nationalistic patriotic groups and organizations in your country who are well informed and who already have many *solutions*, to combat any damage done by socialist ideological subversion, some of which are as good or even better than the KGB's and the MSS's. Seek these groups, join them and *do* something.

This text is our love letter to the world. Yuri and I did not write it to frighten or threaten the nations that we love for their freedom, principles and ideals. But if you were walking across the street with a friend and saw a car barrelling down upon you both that your friend did not see, would you say nothing to your friend and move out of the way, leaving him to be hit? Of course, not and we do not intend to do that to you.

Written by Tomas Shcuman (Yuri Bezmenov) updated by Zenan Delaney January 2021.